

Being there for one another

Read together. Everyone is free to pass on sharing.

Session 1 · James 1:19

So, then, my beloved brothers, let every man be swift to hear, slow to speak, and slow to anger;

James 1:19 · WEB

<https://ebible.org/engwebp/JAS01.htm>

James addresses listening, speaking, and anger before discussing how to put the word into practice.

Read aloud, leave a minute of quiet, then choose a question:

What would you like to understand before you respond?

What helps you listen without preparing your reply?

Each story belongs to the person sharing it. No one needs to explain or disclose a private experience.

Being there for one another

Read together. Everyone is free to pass on sharing.

Session 2 · Romans 12:15

Rejoice with those who rejoice. Weep with those who weep.

Romans 12:15 · WEB

<https://ebible.org/engwebp/ROM12.htm>

This instruction appears among Paul's practical words about love and life with other people.

Read aloud, leave a minute of quiet, then choose a question:

Could being present be more helpful than finding an explanation?

When has someone quietly stayed with you?

Each story belongs to the person sharing it. No one needs to explain or disclose a private experience.

Being there for one another

Read together. Everyone is free to pass on sharing.

Session 3 · Galatians 6:2

Bear one another's burdens, and so fulfill the law of Christ.

Galatians 6:2 · WEB

<https://ebible.org/engwebp/GAL06.htm>

Galatians 6 speaks about restoring people gently and carrying one another's burdens.

Read aloud, leave a minute of quiet, then choose a question:

What is one specific thing you could ask for help with?

What practical help could you offer or ask for this week?

Each story belongs to the person sharing it. No one needs to explain or disclose a private experience.